

Busselton Hospice Care Inc.

Compassionate Communities Charter

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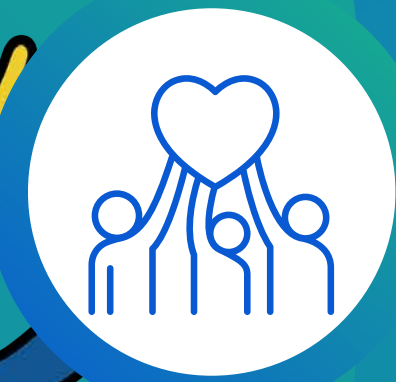


Introducing BHCI

BHCI is a charity, community service organisation supporting people with a life limiting illness to live well, while ensuring their caregivers also receive compassionate support. We believe that the journey for loved ones continues after the person has died, therefore we provide bereavement support for those grieving.

Volunteers are central to Busselton Hospice Care Inc.'s programs.

All volunteers are trained and supported to fulfil a variety of roles.



About BHCI

Partners in the community

Working in partnership with stakeholders to identify, develop and advocate for high quality palliative care services, building a compassionate community.



BHCI programs of support

Supporting people with a life limiting illness, their caregivers or people who are experiencing grief.



Hospice volunteer program



Community Outreach Service



Bereavement Support program



Complementary Therapy

BHCI Volunteer roles

Different volunteer roles have different levels of responsibility and corresponding commitment with training requirements, attendance of meetings and support from BHCI.



**Hospice, Home
visiting and
Bereavement
Support
volunteers**

**Complementary
Therapy
volunteers**

**Friends of
Geographe Bay
Centre**





Attributes of BHCI volunteer



Open to learning about life, loss and grief



Be present and calm when intense emotions abound



A desire to help people who are confronting problems associated with end of life, dying, death and bereavement.



Be part of a cohesive team



Listen, accept and communicate sensitively with a wide range of people



What are Compassionate Communities?

- Originated in Australia in 1990's .
- Are communities in which everyday people play a stronger role in the care of people at end-of-life (EOL).
- Built on the 95% rule: in the last year of a person's life they spend about 5% of their life face-to-face with a medical professional. The remainder is spent with friends, family, community, online, or alone.
- CC's are about building and supporting the quality of that 95%.
- They have started as top-down, or bottom-up grass-roots movements.
- The aim in the City of Busselton is for those to happen together.
- We already have many of the elements in place.



**Connection
and
compassion**



**Respect for
others
and genuine
care**



Why do we need compassionate communities?

- Think back 200 years, before medical advancements, people aged and died at home.
- Australian research reveals that over 80% want to die at home now, and only about 10% do.
- Death literacy research in Australia has revealed that most of us 63% have at some time sat with someone dying and are comfortable talking about these issues, if the conditions are right.
 - 27% of Australians avoid talking about dying and death.
- Our population aged 65-84 will double, and aged 85+ will quadruple, but it is not just about ageing.
- CC is an approach that seeks to enable collaborative across-sector action.



Connection and compassion



How to develop a Compassionate Community?

- Stage 1: mobilising community and discovering allies for this work.
 - City of Busselton: Compassionate Communities Charter
- Stage 2: planning for and implementing a community gathering to share priorities and vision
 - CC Partnership Agreement
 - Includes WACHS and GP Networks
- Stage 3: Working together to gather a crew around those who need help
 - Compassionate Community Connectors
 - Caring Helpers
 - Volunteers, family, friends, neighbours



Connection and compassion

Questions



Thank you.
Please direct questions to

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or

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